



Joint School District No. 2

911 Meridian Road • Meridian, Idaho 83642 • (208) 855-4500 • Fax (208) 888-6700

SUPERINTENDENT
Dr. Linda Clark

Dear Parents / Guardians:

The high school health class is a semester long required course for graduation from our high schools. If the Health Occupations course is chosen then the course is a year long to meet the graduation requirement. We currently offer 3 philosophies for students and their parents/guardians to choose from. Health examines and identifies major health issues. This course will provide accurate information on which to make decisions affecting personal, social, and environmental health. This course also contains a unit on human sexuality and HIV / AIDS.

Students, with the parent/guardian approval, will choose one of the following course offerings based on the sexuality – HIV / AIDS unit.

- Philosophy 0** would contain no classroom discussion of HIV/AIDS or human sexuality. Students would be required to complete a project with parent/ guardian involvement on the topic of HIV/AIDS and covering the Idaho State Standards listed above. The classroom teachers grade the projects using a scoring guide. There would be no classroom presentation of the projects.
- Philosophy 1** (sexuality – HIV / AIDS unit) This abstinence based unit uses the Teen – Aid curriculum guide Sexuality, Commitment and Family and is based upon a tradition of moral and value principles. A limited discussion of contraceptives will stress their ineffectiveness. Student questions dealing with sensitive issues will be referred back to the parent/guardian.
- Philosophy 2** (sexuality – HIV / AIDS unit) This abstinence based unit will teach the exploration of values, recognizing the diversity of beliefs and values to be expected and respected. Contraception will be presented, but not demonstrated following the Marriage, Family and Parenthood section.
- Philosophy 2 Health Occ I/Sports Med IA–B** course is taught at the Health P2 level (see the above description.) This is a full year course. All student questions will be answered from a medical point of view.

As the parent / guardian of _____

I give permission for his / her enrollment in the following Health offering:

Philosophy 0 Philosophy 1 Philosophy 2 Philosophy 2 Health Occ I/Sports Med IA-B

Signature: _____ Date: _____
Parent / Guardian

For a detailed explanation regarding the philosophy 0, see back of form. → → →

If parents/guardians choose the 0 option you will be required by the Idaho State Board of Education to cover the following state standards at home. All students will be tested on the Idaho State Health standards at the end of the health course as required. The students in the 0 philosophy will take the exam that covers the 0 philosophy course and turn in a portfolio during the course that offers proof of understanding of the state standards not covered in the 0 philosophy course.

Idaho State Health Standard 1 – Healthy Lifestyles

Goal 1.1 Acquire the essential skills to lead a healthy life.

9-12.H.1.1.3 Evaluate the psychological, social, emotional, and physical implications of human sexuality in developing and maintaining a responsible and healthy lifestyle. See our curriculum Family Life: Human Sexuality enduring understandings #5 Knowledge of human physiology creates a foundation for lifelong wellness. #7 The choices affecting reproductive health and responsibilities.

Idaho State Health Standard 2 - Risk Taking Behavior

Goal 2.1 Demonstrate the ability to practice – enhancing behaviors and reduce health risks.

9-12.H.2.1.1 Assess the consequences of sexual activity (unplanned pregnancy, STIs, emotional distress). See our curriculum Risk Taking Behavior: Disease/Disorder #5 Illness has personal and financial cost to self, family and community. #6 Personal choices in behavior can increase or decrease risk factors of sexually transmitted diseases. Family Life: Relationships #3 Healthy relationships support personal well-being.

9-12.H.1.3 Evaluate the impact of risky behaviors on personal and community health. See our curriculum Risk taking behavior: Disease / Disorder #6 Personal choices in behavior can increase or decrease risk factors of sexuality transmitted disease.

Idaho State Health Standard 4 - Consumer Health

Goal 4.1 Organize, analyze, and apply health information practices and services appropriate for individual needs.

9-12.H.4.1.3 Evaluate factors and situations that influence personal selection of health care products and services (when to seek treatment, when or what product to use). See our curriculum Risk Taking Behavior: Disease / Disorder #6 Personal choices in behavior can increase or decrease risk factors of sexuality transmitted disease.

For more information on the Meridian Joint School District No. 2 curriculum go to www.meridianschools.org and look under staff and then curriculum.

If no parent signature and/or philosophy preference is given to the student's school then the student will be placed in Philosophy 1.